





Play Based Therapy

Serving kids 0-13 years old





Contact us

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www.developmentalplayandlearning.com









Play and

Learning

DIR Floortime Therapy

6 Levels of

Development:

- 1. Regulation and Shared Attention
- 2. Engagement
- 3. Two-Way Purposeful Communication
- 4. Complex Problem Solving-Sense of Self
- 5. Representational Capacity
- 6. Building Bridges Between Ideas and Emotional Thinking

Ventura Program

CDPL also serves clients in Ventura County.

For more information on services in Ventura County please contact CDPL Co-Director Jeanne White. MFT (805) 637-5272

Patricia Marquart, LMFT

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Jeanne White, LMFT

Co-Director and Co-Founder (Ventura) jeanne@developmentalplayandlearning.com DIRE

Kristina Fluitt, MS, OTR/L

Program Manager kristina@developmentalplayandlearning.com

There is a rich body of scientific evidence supporting the effectiveness of DIR/Floortime.

• For links to all current peer-reviewed iournal research visit: www.developmentalplayandlearning.com and click on our "Research" tab.

Is Floortime for you?

Your child may be appropriate for DIR/ Floortime therapy if they:

- Need help engaging and relating with others
- Need support opening and closing circles of communication
- Have trouble regulating themselves
- Have sensory challenges
- Have a developmental delay
- Find it challenging to make friends
- Are not meeting socialemotional milestones

"Our child's developmental treatment program has... given us our child back."

- CDPL PARENT

Our Program

HOME BASED SERVICES

- 3-5 hours per week of playbased therapy services
- 1:1 support with highly trained therapists
- Parent support and coaching
- **English and Spanish options**

COMMUNITY BASED SERVICES

CDPL also has several large playrooms at our Santa Barbara Center with:

- Sensory motor equipment
- Symbolic toys
- Outdoor space

PLAY GROUPS

- Therapeutic play groups at the Center
- Two therapists per 5-6 children
- Peer engagement