





Play Based
Therapy
Serving kids
0-13 years old





Contact us

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Center for Developmental Play and Learning



- Center for
- Developmental
- Play and
- Learning

DIR Floortime Therapy

Research

The DIR/Floortime model is derived from over 50 years of study and research about child development from the fields of psychology, medicine, and education.

Click on the research tab at our website for more information.

Is Floortime for you?

Your child may be appropriate for DIR/ Floortime therapy if they:

- Need help engaging and relating with others
- Need support opening and closing circles of communication
- Have a developmental delay
- Are not meeting socialemotional milestones

"Our child's developmental treatment program has... given us our child back."

- CDPL Parent

Our Program

HOME BASED SERVICES

- 3-5 hours per week of playbased therapy services
- 1:1 support with highly trained therapists
- Parent support and coaching
- English and Spanish options

COMMUNITY BASED SERVICES

CDPL also has several large playrooms at our locations with:

- Sensory motor equipment
- Symbolic toys
- Outdoor space

PLAY GROUPS

- Therapeutic play groups in a community setting
- Two therapists per 5-6 children
- Peer engagement

Programs
available in
Santa Barbara

&

Ventura

Counties

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